

The Garden Statement

VOLUME 78, ISSUE 2

FALL 2008

American Association of University Women of New Jersey, Inc.

AAUW-NJ PRESIDENT'S MESSAGE Ms. Virginia Lyttle



2008-2009

Calendar of Events

OCT. 11, 2008:
FALL FOCUS

JAN. 24, 2009:
ISSUES MEETING

APRIL 1, 2009:
TEEN TECH

APRIL 18, 2009:
ANNUAL MEETING

JUNE 26-28, 2009
NATIONAL AAUW
CONVENTION

Representing New Jersey AAUW, I attended two conferences that impressed me. One was at NYU in the city. It was the annual gathering of the National Council for Research on Women. (AAUW's Educational Foundation is a member) In February they launched a public policy initiative focused on critical issues confronting women and girls in this election year and going forward. The five issues are **Economic Security, Health, Violence, Immigration, and Education**. If these issues sound familiar, they are also AAUW's issues. The other conference was the Middle Atlantic Region's Leadership Training where AAUW's Public Policy Program for 2007-2009 was a major theme.

Economic Security: There are 37 million people (12.6 percent) and 7.7 million families in the United States living in poverty. Critical issues to be addressed include paid sick leave, equitable taxes, retirement, social security, elder and child care, housing and pay equity.

Health: In 2006, the U.S. census reported that 45 million Americans had no health insurance and over one-third (36%) of families living below the poverty line were uninsured. Critical issues are affordable and portable health care, health disparities, and reproductive health for women and girls.

Violence and Immigration: In the United States women are the victims of more than 4.5 million violent crimes, including approximately 500,000 rapes or other sexual assaults. It is estimated

*"This is why
I joined
AAUW ~
to make a
difference."*

*Virginia Lyttle
AAUW-NJ
President*



that 50,000 women are trafficked into the United States every year. Get the government to fully fund the Violence Against Women Act. A safe society for women and girls is a prerequisite to enable them to lead successful lives. Immigrant women and girls, legal and/or unauthorized, are more vulnerable to sexual abuse and harassment at higher rates than the general population and have significantly less recourse, legal protection, or rights.

Education: Despite significant gains in educational achievement for women and girls over the last few years, the gap continues to widen for low-income women and women of color. Access to education is key to women's economic security and well-being. Educational disparities must be addressed. AAUW's latest research *Where the Girls Are: The Facts About*

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AAUW-NJ PRESIDENT'S MESSAGE

Ms. Virginia Lyttle

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Gender Equity in Education presents a comprehensive look at girls' educational achievements in the last 35 years, paying special attention to the relationship between girls' and boys' progress.

If you want to make your branch of AAUW more visible to all age groups, focus on issues that relate to women and girls. Have programs, bring in speakers, write letters to state and national leaders, get out

the vote for people who support our issues and you will see your membership increase. We are more than a women's club, or a bridge group, or a gourmet group. For 126 years, AAUW members have been fighting for women and girls. Let's continue the trend.

**This is why I joined AAUW;
to make a difference.**

New Tool for Branch Programming: Program in a Box

AAUW members frequently request recommendations for programming for their branches. With the introduction of a new online resource, **Program in a Box**, members will be able to go to the Member Center of the website, www.aauw.org, and see a portfolio of program activities for their branches. Emphasis will be placed on mission-based programming that engages the community and provides more strategic focus for monthly branch meetings.

This new tool is actually a collection of programs,

each identified as an individual [Program in a Box \(PIAB\)](#). Each PIAB outlines an activity that members could choose for their branch, with the "what, why, and how" to implement that program. Each PIAB has hyperlinks to downloadable resources that provide programming options. Over time, additional resources will be added to some of the posted PIABs to enrich the options and showcase examples of effective branch implementation. Members are reminded on the Program in a Box opening page to check back frequently for new PIAB postings.

AAUW-NJ DATES TO REMEMBER

Oct. 10, 2008 Board Meeting Forsgate Country Club

Oct. 11, 2008 FALL FOCUS Forsgate Country Club: focus on Program and Membership

Dec. 3, 2008 Board Meeting Forsgate Country Club

January 24, 2009 ISSUES MEETING: Brookdale Community College: Lilly Ledbetter will be the keynote speaker. Three additional speakers will discuss Achieving Pay Equity including special training in how to negotiate

Feb. 24, 2009 Board Meeting Forsgate Country Club

April 1, 2009 TEEN TECH College of New Jersey

April 17, 2009 Board Meeting Forsgate Country Club

April 18, 2009 ANNUAL MEETING Forsgate Country Club

May 20, 2009 Board Meeting Forsgate Country Club

June 26-28, 2009 AAUW CONVENTION at the Renaissance St. Louis Grand and Suites Hotel in St. Louis, Missouri

July 15, 2009 Board Meeting Forsgate Country Club



Note State meeting dates. Please do not schedule branch activities on those dates.

All are welcome to attend board meetings.

Breaking through Barriers - AAUW's Unifying Focus **Ms. Linda Hallman, CAE, Executive Director**

Breaking Through Barriers captures both the spirit and the strategy implied by the Value Promise

At the June 22, 2008 joint meeting of the AAUW and AAUW Educational Foundation Boards, both boards unanimously supported **Breaking through Barriers** as the unifying focus for AAUW. This action followed two years of dialogue and market analysis to identify the program focus for AAUW that embodies our legacy, personalizes our mission and illuminates our path into the future.

WHY does AAUW need a unifying focus?

1. It expresses the essence of AAUW — what we have been, are, and will be -- our DNA.
2. It amplifies our Mission Statement to make clear **how** the organization will “advance equity for women and girls” and **in what pursuit/s** we will apply our advocacy, education and research.

WHAT is a unifying focus?

1. Since our new Value Promise, “As a member of AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance” identifies what AAUW does -- our unifying focus, **Breaking Through Barriers** captures both the spirit and the strategy implied by the Value Promise.
2. Our unifying focus is more than a program “theme”. It becomes the foundation, the rationale and the catalyst for program initiatives that address societal needs.
3. An organization’s unifying focus identifies something that coalesces its membership. **Breaking through Barriers** brings us together, describing what we believe and what we do. It announces that we do what we value, and what we do brings value—to members, to those we serve, and to society.
4. Our unifying focus mandates integration of AAUW’s program components: public policy, Educational Foundation and Legal Advocacy awards, research (study + action), NCCWSL, Campus Action Projects, etc., in service of our goals.

HOW will we use our unifying focus, *Breaking Through Barriers*?

1. Our unifying focus has contextual flexibility, equally appropriate for application to women’s edu-

cational, economic, legal, political and socio-cultural challenges.

2. It conveys both power and intentionality. It is somewhat provocative, identifying our target issues as externalities to be attacked, rather than limitations in women’s ability or will to succeed. And it suggests the confidence we have to break through those targeted barriers to achieve our goals.

3. *Breaking through* barriers-- not breaking them *down*, is an artful way of describing our methodology. We make strategic decisions that: (a) carefully identify barriers that we are prepared and equipped to attack, and (b) select tactics that capitalize on the strengths of our association.

4. **Breaking through Barriers** establishes a filter for programmatic decision-making, reminding us of our Value Promise. **Breaking through Barriers** focuses us as a community on our shared dedication to helping all women to have a fair chance.

5. At the same time, **Breaking Through Barriers** unites membership with program, since it also focuses us individually on our promise that by joining AAUW we are committed to taking personal action to help to break through barriers on behalf of women and girls.

Because of our size, 100,000 members, we “carry a big stick”. Because of our research, credibility is always a key part of our arsenal. Because of our history of achievement, we have a reputation for effectiveness. Because of our commitment to investing in our mission – “putting our money where our mouth is” – our adversaries know that AAUW is a force to be reckoned with, and that we have “staying power” in our dedication to breaking through the barriers that we target.

In announcing our new unifying focus, **Breaking through Barriers**, we are issuing fair warning – we ARE breaking through barriers. We mean it; we’ve done it before; and we are “coming after them” again....and again and again, if we have to!

All of us, all the time.

As a member of AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance

**AAUW
Value Promise**

AAUW-NJ FALL FOCUS - October 11, 2008 Breaking through Barriers

Breaking through Barriers

Come and experience the essence of AAUW at the Fall Focus meeting on October 11, 2008, at the Forsgate Country Club, located in Monroe Township, NJ. Learn how you and your branch can amplify our Mission Statement, attract new members and revitalize existing members.

The new Value Promise, "As a member of AAUW, you belong to a community that breaks through educational and economic barriers so that all women have a fair chance" identifies what AAUW does—our unifying focus, Breaking Through Barriers, captures what we want to do in NJ.

Material from the leadership training and from National will be used to create a hands-on approach to getting and retaining members; creating programs; and working with Public Policy.

AAUW-NJ Treasurer, Carol Holmelund, has offered to conduct a break-out session at the Fall Focus meeting, using the available Treasurer's Kit if enough attendees indicate interest. She states, "Many of you have done your job for many years and need no training, so it's hard to gauge your needs."

Additional break-out sessions; President, Membership, Program, Public Policy, EF/LAF, and Communication will also occur if interest warrants them.

Please check the area on the Registration form, on page 11, if you are interested in attending these sessions.

The cost is \$25.00, which includes a Continental Breakfast and Lunch. Additional costs are subsidized by the state.

New Directions for LAF

Many members and others who look to AAUW for our leadership have urged us to extend our [LAF plaintiff support](#) beyond academia to other workplace settings. AAUW's new Value Promise affirms that: *As AAUW members, we belong to a community that breaks through ... barriers so ALL women have a fair chance.* LAF is expanding to include sex discrimination in all workplaces to reflect our commitment to that fair chance.

A primary aspect of this expansion is to build on AAUW's history of participating as *amicus curiae* in cases affecting women's rights. In collaboration with the Public Policy and Government Relations department, we will seek expanded friend of the court opportunities in cases of discrimination that disadvantage women in the workplace. With this strategy, we believe that we will maximize our effectiveness and ensure that we will be heard by courts that affirmatively want our opinion on the cases and the issues before them.

AAUW has also made the decision that as LAF transitions toward expanded case and issue support, we will move away from direct financial plaintiff case support. While plaintiffs have been grateful for our financial support, it has always been the act of putting AAUW's name behind the case and the issue that has been our central contribution.

As our approach shifts, it is important that we maintain our commitments to the 10 plaintiffs whose cases we currently support. Thanks to your continued generosity, LAF expects to provide third-cycle case support funds to them in May. Although AAUW is on a July-to-June fiscal year, we are annualizing LAF's 2008 case funding support to accommodate the expectations of current plaintiffs and the tax year needs of our donors. We expect to provide direct plaintiff case support funding in August/September and November/December. LAF is no longer accepting new plaintiff case support

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For 50 years, the AAUW Educational Foundation has been *breaking through barriers* for women and girls

In 1958, the Educational Foundation was officially established to administer AAUW's fellowship and grant programs, advancing educational and professional opportunities for women in the United States and around the globe. Thanks to the generous contributions of AAUW members across the nation, the Foundation remains one of the world's largest funding sources for graduate women. Adding to this distinguished legacy, the Foundation also became the source for AAUW's landmark research reports and more recently, the AAUW Legal Advocacy Fund program.

Following a three-year fundraising campaign and two years of construction, the Association's eight-story national office—called the AAUW Educational Center—opened in July 1960 at 2401 Virginia Ave. N.W. Members sold the former headquarters building and raised funds to pay for the new land, building, and furnishings.



The AAUW Educational Foundation is a 501(c)(3) charity. Contributions are tax deductible for income tax purposes.

How to Contribute:

Give online. To give online, you must use a credit card. Make your contribution through the [Member Services Database](#).

Give by phone. To give by phone, you must use a credit card. Call **202/728-3307**.

AAUW accepts Visa and MasterCard.

AAUW-NJ Receives Award for Significant Contributions to the AAUW Educational Foundation

Our State has received a wonderful congratulatory letter and award from Barbara O'Connor, President of the AAUW Educational Foundation and Ruth Sweetser, President, AAUW. We have been given a contribution award as "One of the 2007 Top State and Branch Contribution Award for Total Contribution Growth Over Previous Recognition Year." Being one of the top ten branches and State fundraising awardees is a wonderful honor for all of us.

Somerset Hills Branch received a bequest of \$25,000 from a branch member, Herta Fisher Rosenblatt. This bequest was one of the reasons for this wonderful national award. It also reminds us that we can make these legacy commitments for AAUW in our estate planning. Anyone can contact me or visit the AAUW website for information for how to set up a legacy.

President Ginny Lyttle has written that "Herta Fisher Rosenblatt of Peapack-Gladstone...was a member of the Somerset Hills branch of AAUW from 1958 until her death in 2006. She was the arts chairman for AAUW-NJ, and originated and served for many years as the director of AAUW's Writers Seminar. She also served as the first administrator of AAUW's National

Writers Project. In her honor, the national AAUW in 1976 established the "Herta Rosenblatt Endowment Fund", which provides fellowships for aspiring writers. Mrs. Rosenblatt was a poet and more than 3,000 of her writings were published in English and German..."

All contributions and donations are appreciated. Thank you for making a difference for women and girls with your contributions. Remember to send in your 2008 Educational Foundation Contribution Report and check to me, and I will process it for our state and mail it to National. If you need more forms, please contact me: 732-842-9588



**AAUW-NJ Educational Foundation Chair
Ms. Barbara Williamson**

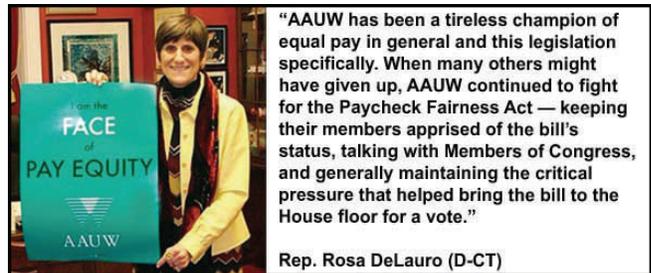
AAUW Celebrates House Passage of Paycheck Fairness Act

AAUW applauds the House of Representatives for passing (247-178) the Paycheck Fairness Act (H.R. 1338). If signed into law, the measure would strengthen and update the Equal Pay Act — passed 45 years ago — and would provide critical tools in the fight to close the sizable wage gap between men and women.

Nearly a century after AAUW called for a repeal of salary restrictions in the Women's Bureau, women working full time earn, on average, about 77 cents for every dollar their male counterparts earn.* Women of color face an even larger wage gap. AAUW's 2007 *Behind the Pay Gap* report found that the pay gap between college-educated men and women appears the first year after college — even when women are working full time in the same fields as men — and continues to widen over time.**

"AAUW has long supported a fair playing field and a fair paying field — the Paycheck Fairness Act represents both," said AAUW Executive Director Linda D. Hallman, CAE. "AAUW continues to be on the frontline of the pay equity fight. Our members have worked tirelessly to pass this bill."

Championed by Rep. Rosa DeLauro (D-Conn.), the Paycheck Fairness Act would deter wage discrimination by strengthening penalties for equal pay violations and by prohibiting retaliation against workers who inquire about employers'



wage practices or disclose their own wages. Under the bill, employers would have to show that wage gaps truly are the result of factors other than sex discrimination. It would also require the U.S. Department of Labor to reinstate activities that promote equal pay, including collecting wage-related data. The bill had 231 co-sponsors when it passed.

"This vote was a fair measure of representatives' stance on pay equity issues," said Lisa M. Maatz, AAUW director of public policy and government relations. "AAUW will include the vote in our *Congressional Voting Record* for the 110th Congress, and we'll make sure our members have the information they need to hold their elected officials accountable."

Among their top issues, younger women especially identified equal pay for equal work as a main concern.

"Concerns over pay equity will be one of the key issues that drives women to the polls," Maatz said. "In this economy and this election year, AAUW believes now is the time to address these issues."

New Directions for LAF

Continued from page 4

applications, and we will not provide such direct case funding to current plaintiffs after December 2008. We will, however, continue to provide travel and speaking stipends and are exploring emergency relief funding to assist with the many additional burdens faced by plaintiffs (health decline, job loss, family obligations, etc). More information on this will be announced shortly.

Over the years, many plaintiffs have been very grateful for our support and have spoken at AAUW meetings across the country, sharing their stories and thanking our members for their help. Given our members' interest in these cases, we hope very much that the visits will continue and expect that to be so based on our experiences with plaintiffs we have previously supported.

Ms. Lilly Ledbetter will be the Keynote Speaker at AAUW-NJ's January 24, 2009 Conference on Achieving Pay Equity

The following information is from AAUW-NJ's Public Policy Director, Ms. Adrienne Lesser.

JOIN US FOR A BUSY FALL AND WINTER

Voter registration drives will be held at several colleges including Devry, Drew, Fairleigh Dickinson, Georgian Court, Montclair and Burlington Community College. Our Sussex branch has already done work at the NJ State Fair. We need volunteers. Please contact adrel@optonline.net so we can continue this significant work. Even if you can only participate for a few hours, we need your help. Our work at these colleges will not only support voter education, but will also assist in one of our key goals -- introducing AAUW to the next generation.

We have some terrific news. Lilly Ledbetter will be the keynote speaker at our **January 24, 2009** conference on **Achieving Pay Equity**. Lilly sued Goodyear Tire and Rubber when she discovered, just before retirement, that she had been paid considerably less than her male cohorts. She fought her case up to the Supreme

Court, however, in 2007, by a 5-4 decision, the Court ruled that the employer was protected from a lawsuit if the claim was based on decisions made more than 180 days before the complaint. Recently, there have been attempts in Congress to eliminate the loopholes in the 1963 law and Lilly and AAUW have been testifying in Congress and other venues in support of the new Paycheck Fairness Act.

The moderator for the conference is Yasemin Besen-Cassino, a professor at Montclair State University who has just been awarded a grant to write a book on Pay Equity. Another speaker is Mary Gatta, the Director of Workforce Policy and Research Center for Women at Rutgers University. In addition, Lindsey Pollak, a lecturer and author will conduct an interactive session on the vital topic of negotiating which is an important component in **Achieving Pay Equity**.

Save the Date, January 24, 2009, and help spread the word to the next generation.

AAUW applauds Congress for passing the Higher Education Opportunity Act AAUW's Position on the Higher Education Act

Increasing Access to Higher Education

Since its founding in 1881, AAUW has been committed to making the dream of a higher education a reality for women. AAUW's 2007-09 Public Policy Program affirms our commitment to "a strong system of public education that promotes gender fairness, equity, and diversity...and advocates increased support for, and access to, higher education for women and other disadvantaged populations." With changes in the workforce over the last 125 years, higher education is becoming less of a luxury and more of a necessity. By the year 2014, it is estimated that there will be 4 million

new jobs where postsecondary education will most likely be necessary. As the skill requirements of jobs continue to increase, so too should access to postsecondary education for all students.

The Higher Education Act is the cornerstone of the federal government's commitment to postsecondary education. HEA is the most significant federal law for American colleges, governing Education Department programs on accreditation, international and graduate education, teacher training and, most importantly, dozens of financial aid programs for students. For more information, call **202/785-7793** or e-mail VoterEd@aauw.org.

Using the Value Promise to Create Change Ms. Linda Haigh Tozier, MAR Director

"By joining AAUW, you belong to a community that breaks through educational and economic barriers so all women have a fair chance." On June 22nd the joint AAUW and Educational Foundation Boards unanimously supported "Breaking through Barriers" as the unifying focus for AAUW. This unifying focus identifies what AAUW does, uniting membership with program and thereby integrating all AAUW programs to better serve our goals. It's going to be an exciting year for AAUW as we develop our leadership and prepare for significant structural change.

Ms. Linda Haigh Tozier, the Middle Atlantic Region Director and a member of AAUW-PA, conducted a **Middle Atlantic Region Leadership Training** on Saturday, June 21, 2008, in Timonium, Maryland. The MAR Leadership Training Meeting had 55 participants in attendance, including 7 from New Jersey.

The AAUW **Leadership Development DVD Member Leader Focus 2008 series** is comprised of seven modules. The combined running time of all modules is 188 minutes. The seven modules and running times are:

1. **AAUW and the Future**—14 minutes
2. **AAUW and Leadership**—13 minutes
3. **Advancing Equity through Advocacy**—37 minutes
4. **Advancing Equity through Education and Research**—39 minutes



**The AAUW-NJ Participants are pictured left to right:
Alice Percheski, Elizabeth Gregg, Beth Forman,
Lucy Webb, Linda Haigh Tozier - MAR Director,
Arlene Inglis, Joan Odud, Ginny Lyttle**

5. **Advancing the Mission through Membership, Communication, and Marketing**—51 minutes
6. **Philanthropy**—20 minutes
7. **Finance**—14 minutes

DVDs will be available at the Fall Focus Meeting from AAUW-NJ President, Virginia Lyttle.

Message to Members-at-Large

The Garden Statement printing and postage costs have risen significantly. Because of this, the State newsletter will only be sent to state AAUW members. If you are presently an MAL, consider joining AAUW-NJ (\$10.00) so that you may continue to receive *The Garden Statement*. Perhaps it is also a good time to

join a local branch. For a branch near you, go to www.aaunwj.org and click FIND A BRANCH.

Please make checks payable to AAUW-NJ, mailed to State Treasurer: Carol Holmelund
Address: 17 David Street, Dover, NJ 07801

AAUW Trivia ~ Did You Know???



The 2009 convention will have a new format with many new features. The convention will be held in the [Renaissance St. Louis Grand & Suites Hotel](#) in St. Louis - the Gateway City.

The Renaissance Grand Hotel holds a special place in St. Louis and women's history. Previously known as the Hotel Statler, the hotel was

the backdrop for the historic convention of the National American Suffrage Association in March 1919. At that time, some states allowed women to vote only in presidential elections and some states did not allow women to vote at all. At this convention, the League of Women Voters was created to secure the enfranchisement of women in every state.

AAUW-NJ Branch News

NUTLEY BRANCH

Celebrating 81 years since its founding, the Nutley Branch of the American Association of University Women was given a guided tour of the Nutley Historical Society and Museum's second floor exhibits by Nutley's Town Historian John Demmer. The tour was followed by an evening of delicious Italian dining and camaraderie at Nutley's Casa Turano/La Piazza Restaurant.

NEW OFFICERS of the AAUW Nutley Branch for the years 2008-2010.



Vice-President Marion Butler and President Patricia Williams (pictured left to right)

Nutley's immediate past president and the NJ State AAUW Northern Coordinator, Sally Goodson, saluted the incoming officers and thanked the Nutley members for their continued support of the mission of AAUW to advance equity for women and girls through advocacy, education and research.



Nutley Museum Tour with Town Historian John Demmer and local branch AAUW Members

SOMERSET HILLS BRANCH

AAUW Fall Cultural Trip--Chelsea Art Galleries

On September 10th, members of the Somerset Hills Branch will take a private Art Tour of Galleries in the Chelsea area of New York City. Their tour docent will be Professor Howard Rosenthal, an art lecturer on the staff of the Metropolitan Museum, who leads a number of private tours of contemporary art in the galleries of New York City.

The ladies plan to take the train into the city. After the tour, they will enjoy lunch in one of the city's many restaurants in the area before returning home. This should be an interesting day in an area of the city that many of the Somerset Hills Branch members have not taken the opportunity to explore!

GREATER WAYNE AREA BRANCH

On April 16, the Greater Wayne Area Branch of the American Association of University Women celebrated the fortieth anniversary of the granting of a Charter from the National Association. This Charter was given to the Pequannock Township Branch in May of 1968, having been applied for by a group of young women from Pompton Plains, who wanted to unite for their own enjoyment, and to further the cause of education for women. There were twenty-one charter members, and five of them were in attendance at the Kinnelon Public Library, where the Branch presently meets.

In 1988, due to attendance from a wider area, the name of the Branch was changed to its present name. Current members were very interested to hear about how the group was started and the founding members were happy to see how their early plans have been carried out. A major goal of the organization from the beginning, and continuing today, is the awarding of scholarships to deserving mature women to help them complete their education. The accompanying photo shows Rosalind Jones of Pompton Plains, first President of the Branch, presenting the original Charter to Ann Raynor of Wayne, the current President.



Current president, Ann Raynor pictured on left, receiving the original charter from Rosalind Jones, the first president

AAUW-NJ Branch News

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MADISON BRANCH

MADISON BRANCH SPONSORS SUCCESSFUL WORKSHOPS ON ASSERTIVENESS TRAINING FOR YOUNG WOMEN

The Madison Branch of the American Association of University Women fully supports the mission of AAUW and has focused its 07/08 year on educating and training local young women. Four successful workshops were held for girls in the fifth and sixth grade on "How to Say What You Mean Without Being Mean (And Still Keep Your Friends)." **The spring workshops held on April 3, 2008 and May 5, 2008 were partially funded by a grant from the AAUW-NJ Charitable Trust Fund.**

Madison Branch Co-president Angela Stuehler stated, "These workshops fit right into the AAUW mission and AAUW research findings." In the AAUW publication, "Girls in the Middle", it was noted that adolescent girls, regardless of their race, ethnicity, socioeconomic status, or region of the country, use a common set of behavioral strategies to meet the challenges of middle school. "Girls in the Middle" links girls' success in part to co-operative learning that addresses gender issues. Girls who learn how to stand up for themselves will be able to confront real concerns such as violence, pregnancy, and alcohol and drug abuse.

The workshops were co-sponsored with the Connection for Women and Families / The Girl Project – based in Summit. It was led by licensed professional counselor, Lisamarie Slattery. The attendees learned how to express themselves honestly, directly and appropriately; how to identify common challenging situations and they discussed new ideas for creating healthy, social relationships. The goal of each workshop was to help the attendees learn how to be more assertive so they can grow into smart, confident women who are in charge of their own lives. Due to the interactive nature of each workshop, attendance was limited to 12 participants per session.

The April workshop was held on April 3, 2008 from 4:15-5:45PM. All twelve available slots were filled. The day of the workshop eleven of the twelve girls who registered attended. After the workshop they completed a short evaluation form. A summary of what they said follows:

"I learned why people act the way they do." (the facilitator discussed reasons why people act aggressively/bully);

"I learned different ways to say something to someone."

"I learned how to say something without being mean"

"I learned how to say what is on your mind."

The May workshop was held on May 5th from 4:15-5:45PM. Nine girls registered and seven attended. After the workshop they completed a short evaluation form. A summary of what they said follows:

All 7 girls said they would recommend the program, they were all glad they came, and they all learned something.

"I learned how to be assertive without being mean or wimpy."

"I liked knowing I could talk here and not feel odd."

They all liked the interactive part of the workshop (role playing).

With the generous assistance of the AAUW New Jersey Charitable Trust, a portion of the workshop costs were funded by the grant received.

By co-sponsoring with another organization, additional cost savings resulted. Thus, all of the attendees were able to pay a reasonable cost to attend the workshop.

SUSSEX COUNTY BRANCH

An on-going motif of AAUW is "**because equity is still an issue**". Since 1913, when AAUW released a comprehensive report detailing disparities between men and women's pay in federal government jobs, AAUW has been working to eliminate pay inequity. A recent research report states that pay gaps exist between women and men as early as one year out of college. New Jersey ranks 49th out of the nation. To heighten awareness of this issue, the Sussex County Branch presented the AAUW publication, **Behind the Pay Gap**, to six libraries within the Sussex County Library System, to the Sparta Library, to the Sussex County Vo-tech library, to the Sussex County Community College library, and to all of the Sussex County High School Guidance Departments.



Lynn Beckmann presenting **Behind the Pay Gap** to Sussex County Librarians

**REGISTRATION FORM
AAUW-NJ FALL FOCUS
Forsgate Country Club
375 Forsgate Drive, Monroe Township, NJ 08831
October 11, 2008**

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ Email _____
 Branch _____

Check Breakout Session if you are interested in attending:

PRESIDENT and COMMUNICATIONS _____
 TREASURER _____
 MEMBERSHIP, PROGRAM, and PUBLIC POLICY _____
 EF/LAF _____

Registration Cost— **\$25.00** (includes Continental Breakfast and Lunch)
 Registration Deadline: Form must be postmarked by October 4, 2008.

Send Registration Form with your \$25.00 check made payable to
 AAUW-NJ to Virginia Lyttle, 3 Valley Stream Drive, Morris Plains, NJ 07950

**Directions to the Forsgate Country Club
375 Forsgate Drive, Monroe Township, NJ 08831
Phone Number: 732-521-0070**

From Freehold/Shore Area

Route 9 to Freehold to Route 33 West - Continue on Route 33 West for approximately 10 miles to Applegarth Road (exit on the right) - continue straight on Applegarth Road and make a right at the 3rd traffic light onto Forsgate Drive (Route 32 East) - Forsgate Country Club will be on your left - use the Clubhouse entrance (second left).

From Princeton

Route 1 to Scudders Mill Road East - Continue on Scudders Mill Road and make a left at the 5th traffic light onto Dey Road. Continue on Dey Road to the end (South River Rd), make a left onto South River Road - At 2nd traffic light (Route 32) make a right - continue straight for 1 1/4 miles through 2nd traffic light - Forsgate Country Club in on your left - use the Clubhouse entrance (second left).

From Trenton Area

Interstate 195 East to the New Jersey Turnpike North - Take the New Jersey Turnpike to Exit 8A - exit the left ramp (Jamesburg, Route 32 East) - continue straight for 1 1/4 miles through 2nd traffic light - Forsgate Country Club is on your left - use the Clubhouse entrance (second left).

Garden State Parkway From North

Garden State Parkway to Exit 129 (I-95 New Jersey Turnpike) South to Exit 8A. At Exit 8A, turn Left onto Ramp towards Jamesburg/Cranbury. Keep Straight to stay on Ramp towards Route 32 East Jamesburg/Monroe. Continue Straight for 1/4 miles through 2 traffic lights - Forsgate Country Club is on your Left. Use the Clubhouse Entrance which will be your Second Left after the traffic light.

Garden State Parkway From South

Garden State Parkway to Exit 98 (I-95) West to Exit 21. At Exit 21, turn Right onto 526 Jackson/Siloam towards Route 527. Keep Straight onto Route 527 (Woodville Road) and turn onto Route 33 West. Continue on Rt. 33 for approximately 10 miles to Applegarth Road (exit on the right)- continue straight on Applegarth Road and make a right at the 3rd Traffic Light onto Forsgate Drive (Route 32 East)-Forsgate Country Club will be on your Left. Use the Clubhouse Entrance which will be your Second Left after the traffic light.



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American Association
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The Garden Statement is a publication for the members of the American Association of University Women-NJ.

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Change of address should be sent through your branch, if possible; the branch will forward the information to AAUW Record Office, Please include the address label, which includes your Member Number.

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